Zoom Recording: video1320822921.mp4

Password is LGBTQ2023

1. Introductions + Ice breaker
   - What's your favorite meal of the day?

2. Review of YHDP and purpose of the group- Jesse Archer

3. Questions-
   - What are some of the situations causing our youth and young adults to become homeless?
     - Bren: Coming out, and unaccepting families
     - Daniel: Runaways due to lack of gender-affirming support

   - How could a program address this situation to prevent homelessness?
     - Bren: Providing mediation services
     - Daniel: Letting youth know that their gender-affirming items and care can be replaced/accessed
     - Haley: AOD / SUD support

   - Why do some youth or young adults decide not to engage with services?
     - Daniel: Lack of trust, service providers not centering their needs, or feeling judged when seeking services
     - August: Accessing services may out youth who are not out to family
     - Daniel: Lack of engagement with services can be due to feeling a lack of self-worth, difficulty connecting to services with long waiting periods
     - Keelin: feeling unworthy of support, feeling a lack of control over their lives when attempting to access support
     - Daniel: prior experience with services that were not affirming/harmful
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   - What services could we create that youth or young adults would want to engage with?
     - Bren: Immigration services are a growing need in the TAY community,
     - Daniel: life skills workshops in drop-in/respite centers
     - Bren: More TLP programs are a need in the community
     - Haley: Agrees that more TLP beds are extremely necessary
     - Keelin: Seconds Bren's comment
   - What do great youth services look like?
     - Bren: Affirming care
     - Daniel: Being youth-centered, being non-judgmental, and supporting youth to come to their own decisions
     - Sarah: Having clear pathways for what youth understand about their resources and having access to individualized service plans that support their understanding of why the resources that are available to them could be beneficial

- August: wraparound services so that youth do not get lost in the shuffle
- Haley: Fully trained staff that are trauma-informed, youth-led, and fully engaged in the work.
- What systems are frustrating or confusing to work with in resolving housing crises?
  - Bren: understanding and navigating RRH and PSH processes for providers, let alone youth
  - Haley: Seconded Bren's comment
  - Sarah: Having an understanding of timelines to access services.
- What are the barriers that stop us from providing services to youth?
  - Daniel: Youth under 18 don't have access to a lot of legal support. Negative stigma from peers of youth obtaining services

- What are some of the ways homelessness impacts a youth after homelessness is resolved?
  - Sarah: Boundaries; going through homelessness, youth meet a lot of peers who are experiencing similar struggles, and navigating boundaries can be challenging. Navigating a comparative lack of support once aftercare concludes.
  - Daniel: The stress/trauma that the body holds onto, the physiology of stress
  - Keelin: Seconding Daniel
  - Haley: Thirding Daniel
  - Bren: fourthing Daniel
  - Daniel: the necessity of third spaces and ongoing community support
  - Haley: Fully agrees about the necessity of third spaces, both for TAY and the community as a whole.
- This funding requires us to create programs to ensure homelessness is brief, non-recurring and swiftly resolved. What do we need to create or change to answer each of those calls?
  - Daniel: Offer preventative education
  - Sarah: Life-skills training, living independently, tools to maintain housing, and clarity about the overall process. More opportunities with transitional living; TLPs, respite centers, drop-in centers
  - Daniel: Access/support for continuing education
  - August: having more informed service providers, so that providers are able to support more robustly
- Other comments for consideration
  - Daniel: It could be helpful for youth in services to take part in creative endeavors that support community building and sharing their experiences, such as collaborative zines, art, poetry, or other community-based projects.
  - Keelin: More AOD and substance use resources other than the traditional resources, such as connecting youth to Smart Recovery or other resources
  - Haley: Seconding Keelin
  - Bren: LGBT-centered, nondenominational AOD resources as well

- Sarah: There's a lack of options and access to AOD support for the TAY population as a whole, and there's such a large subset of TAY that are using substances as a coping mechanism
- Haley: Having access to a more robust mobile crisis unit could be extremely beneficial
- Bren: Accessibility/access to mental health services is a real need for the TAY population
- Haley: Seconding Bren