

Sacramento YHDP Planning Team Notes

January, 18th 2023 3-4:30 P.M.

[Zoom Recording](#) - 7%Bz=M6w

General:

- Piper welcomed the group together and went over the agenda and introduced the new YAB Coordinator Alisha.
- Jem and Caleb went over brace space agreements
- Raven went over the question of the day “What are you trying to complete this week?”

Agenda Item - Data:

Piper started the data discussion with what data we need to build out our CCP. Please refer to the slides for additional details.

- Jose said that student homelessness is widely undercounted.
- Shelly and Desiy said we could look at PNI data for at-risk of homelessness.
- KJ said EOPS may have some data
- Grace mentioned that in 2018 we had a robust youth needs assessment that was all youth-driven. We could use that as a template for an updated needs assessment
- Jem, build a system that projects for the future of homeless youth using historical data.

Jesse also shared data we already have from the 2022 Point in Time count.

Agenda Item - Pipeline:

Bridget discussed our youth homelessness pipeline that was created for the 100-day challenge. We need to think about the pipes are missing or what are not big enough. See the slides for a detailed picture of the pipeline.

Agenda Item - Breakouts:

The team was broken out into four different zoom rooms (Housing, Services, Education/Employment, and Prevention/Diversion) to discuss the following questions:

- What gaps exist in our system related to the content of your group?
- What barriers exist?
- Are there specific subpopulation targets that need assistance?

Housing:

What's missing – transitional housing – have shelters that will house for as long as can, but aren't involved in next-step. Nowhere to go after shelter. Needs to be more robustly support in transition. Lucky to find shelter that will house for longer than 6 months. Shelter is time-limited. Nowhere to go from shelter (revolving door from shelter); time varies from year to 90 days to 6 months. Shorter housing times have shorter wait lists (and vice versa). Those usually take women and children. Varies depending on what need/looking.

106 shelter beds feed into 44 TLP beds. Don't have enough longer term beds following shelter (only 16 serve youth). 6-month wait to get into TLP. Have had long wait longs.

Lack of affordable housing – nowhere to exist anyone from TH

Vouchers take a long time to find landlords to use vouchers

Shelter – voucher – have no credit and process to get to apartment has taken longer because don't hve credit. Youth experiencing homelessness & credit repair is a huge issue. Voucher – waiting for inspection – process moves so slowly.

Gap – shelters that will take children (family shelters are typically full).

Service need – credit repair

Barrier – because housing resources are allocated based on vulnerability, those who have *something* (staying with family) are not able to access resources because they are not prioritized. If this type of prioritization continues, this patter will be repeated and change won't happen.

Barrier – difficult for households with voucher to compete on open market for open units. Takes a long time to go through inspection/lease-up process. Often need to go through many applications until find a unit to lease.

Have 1,300 people searching with voucher in Sac County; about 900 are homeless – that is a lot of people searching for any available units is large; number of small bedrooms is small. Is shared housing an option for youth. SHRA is interested in options of shared housing to overcome that don't have housing stock needed.

Explore idea of peer to peer host homes idea – work with SHRA (would they take multiple people into one home/unit). How to house multiple people

Services:

- Substance Use Treatment
 - On-demand help
 - Warm handoffs
 - Peer mentor
 - Staff training for non traditional homeless services providers
 - Access to the arts for SUD

more substances abuse outlets, more accessible and higher quality programs in that could be very beneficial

Women who are in substance abuse programs for 60-90 days and they don't know how to navigate housing – want a flow chart for what the housing agencies are, who they serve, how to access them. Most programs just rely on the the case manager, who doesn't always have the best fit for them.

Staff training about available programs for staff at agencies that aren't normal homeless service agencies

System navigator positions – for all services

Educating parents about milestone moments.

When a client calls someone, no one answers back – no one calls back. Someone to help with that

Treatment for all substance use for people of all demographics

Someone to sit with someone and walk through all the housing options. Make sure that support is always available to them.

Robert's family development center – a program that school age children can go to instead of staying at home and they are so happy there, it's a really positive environment

Access to the arts

Education/ Employment:

Gaps in Early Childhood Education (ECE)

- Identification— we don't know how many and who they are.
- Many schools and programs are not required to collect this data and even if they do, there is no infrastructure for programs sharing this information in any sort of uniformed way
- Only 1 out of 24 kids are even connected to a program where they could be counted so we have a huge gap in kids who will slip through the cracks
- Not educating our parenting youth in the important of or options for early childhood education for their kids
- Also not access to transportation for parenting youth to take their kids to ECE programs
- Curiosity around the fear of CPS being a barrier for enrolling kids in ECE programs. How can we provide support and mentorship for these parents?
- Complexity of navigating the enrollment process for ECE programs
- Access to sexual health education and I'll added culturally responsive and LGBTQ+ friendly sexual health education

Gaps in K - 12

- Anecdote shared about families actually pulling their kids out of school while they were unhoused for fear of CPS involvement
- Transportation
- Lack of safe and Stable space for kids to do homework, nourish their bodies, rest in between school days
- Psychological impact of trying to stay on top of school while navigating deep trauma
- McKinney Vento requires “homeless liaisons” in each school district. Sacramento has 51 liaisons. This position has high turnover and the staff don't have the ability to quickly understand the shelter system and all of the resources in Sacramento in order to actually help and support these kids. **Lack of system and infrastructure for genuine support between students experiencing homeless and systems that exists to support them.**

Higher Ed

- Housing for college students
- Warm hand off from high school to higher ed program
- Warm hand off from 2 year to 4 year program
- General lack of education on why education is so important. Educating youth on the correlation between education and creating sustainable income (difference between AA and BA ect)

Prevention/Diversion:

Gaps

- Gaps for minors -- no pathway or transition period, so that can be a fast-track to homelessness
- Not a lot of services and housing programs for folks trying to recover from substance use (that are also trauma informed -- not kicked out), and not a lot of time allowed in that recovery (is a long process)
- Harm reduction built into some housing programs
- There is not a facility that will accept folks on MediCal (only outpatient help) -- especially for minors
- Spaces to heal the root of challenges such as substance use, etc.
- Longer-term rental assistance services for youth in apartments
- Affordable housing options for folks with lower income
- gap in DV shelters/supportive care for TAY (Diversion)

Barriers

- Time to heal and re-learn how to live a healthy life -- short term programs creates a hopeless mindset which makes healing and progress harder
- Zero tolerance for relapse/substance use (being exited). Can force you to hide experiences of substance use.
- Takes a lot of advocacy to get someone approved for residential under medical
- An organized public face -- system is mysterious and hard to find resource that works.

Subpopulations

- Minors
- Youth struggling with substance use
- Minors with children
- Youth exiting juvenile hall
- Low-income (but not no income) youth
- Youth in apartments

Zoom Chat:

15:02:10 From Tiffany (she/they) To Everyone:

Not it ;)

15:03:28 From KJ To Everyone:

My apologies for being a little late. I had a Case Management meeting. 🙏

15:03:54 From Grace Loescher (She/They) To Everyone:

No worries, KJ! Happy to *virtually* see you :)

15:04:31 From KJ To Everyone:

You as well!

15:07:35 From Megan Johnson To Everyone:

Welcome Alisah!

15:07:41 From Megan Johnson To Everyone:

sorry Alisha

15:07:45 From Tiffany (she/they) To Everyone:

Welcome Alisha! I'd love to connect with you! I'm the Technical Assistance Provider from True Colors United assigned to work with the Youth Action Board through YHDP this year!

15:07:53 From Jasmine Simmons To Everyone:

Welcome Alisha !!

15:07:57 From Grace Loescher (She/They) To Everyone:

I'm retired!

15:08:11 From Jose LSS (He/Him/His) To Everyone:

Congratulations to you Alisha and Grace for the retirement

15:08:12 From KJ To Everyone:

Yes Welcome Alisha!

15:13:24 From Mason Gizard | Sacramento Youth Center To Everyone:

To fix my chicken run after the storms!

15:13:32 From Brian Schmitz To Everyone:

Survive the week

15:13:35 From Tiffany (she/they) To Everyone:

Tiffany, She/they, True Colors United, goal-working to dig out of and get caught up on my 750+ emails from winter break!

15:13:37 From Jesse SSF, CoC Analyst To Everyone:

Jesse Hem/Him - and my work goal this week is to finally catch up on my emails 😊

15:13:37 From Shelly (she/her/hers) To Everyone:

Shelly (she/her/hers) -- sorry my wif is acting up or I'd come off mute! A goal I have this week is to journal every day

15:13:43 From Jose LSS (He/Him/His) To Everyone:

Enjoy the sun light while it's out

15:13:55 From jem moore To Everyone:

finding a new job -jem

15:13:56 From Nora Lally To Everyone:

Nora (she/her) from Homebase. My goal this week is to get my laundry done (and put away)

15:14:07 From Lisa Cappellari - Paratransit, Inc. To Everyone:

Lisa Cappellari she/her. Try to exercise once a day, even if for only 20 minutes.

15:14:15 From Lindsay Curtis, Highlands Community Charter (she/her) To Everyone:

Lindsay, she/her My goal is to get enough sleep

15:14:16 From Kate Hutchinson To Everyone:
Kate (She/Her): goal is to go on a long walk every non-rainy day.

15:14:16 From Lisa Cappellari - Paratransit, Inc. To Everyone:
Good luck Jasmine!

15:14:22 From Danielle Foster To Everyone:
Danielle Foster (she/her)- my goal is to get City Council staff reports done this week! :-)

15:14:36 From jem moore To Everyone:
To bring my best and send positive vibes to everyone here- Caleb M

15:14:42 From Tara Turrentine To Everyone:
Tara Turrentine She/Her Goal-To achieve balance with work

15:14:47 From Kerstin Morell (SCOE) (she/her) To Everyone:
enjoy the weather and get out and walk, exercise!

15:14:58 From Jasmine Simmons To Everyone:
My name is Jasmine I use She Her pronouns and my goals for this week is to be more patient with myself

15:15:10 From Michele K. Steiner To Everyone:
Good afternoon. I am Michele Steiner (she/her). I am the new (as of yesterday) Interim Director of Hawk Cares Center for Basic Needs and Housing Resources at Cosumnes River College. My goal is to make it to Friday!

15:15:16 From Angel Uhercik (she/her) To Everyone:
Angel (she/her) - spend more time with family and more self care.

15:15:24 From Grace Loescher (She/They) To Everyone:
Grace she/they— I have hockey playoffs the next two weeks and would like to not mess it up for my team!

15:15:30 From Kate Hutchinson To Everyone:
Congratulations Michele!!

15:15:48 From Jose LSS (He/Him/His) To Everyone:
Reacted to "Angel (she/her) - sp..." with 🙌

15:15:55 From Lindsay Curtis, Highlands Community Charter (she/her) To Everyone:
Jumping right in, Michele! Congrats :)

15:15:59 From Jose LSS (He/Him/His) To Everyone:
Replying to "Survive the week "

That part.

15:16:05 From Jose LSS (He/Him/His) To Everyone:
Reacted to "To fix my chicken ru..." with 🎉

15:16:07 From Tara Turrentine To Everyone:
Good luck Michelle, you are 1/2 way to Friday!!

15:16:08 From Marcel To Everyone:

Marcel (he/him). I want to move into more opportunities to make financially grow and provide for my mom.

15:16:12 From Jose LSS (He/Him/His) To Everyone:

Reacted to "Tiffany, She/they, T..." with 🙌

15:16:16 From Jose LSS (He/Him/His) To Everyone:

Reacted to "Jesse Hem/Him - and ..." with 🙌

15:16:22 From Jose LSS (He/Him/His) To Everyone:

Reacted to "Shelly (she/her/hers..." with 🙌

15:17:33 From Angel Uhercik (she/her) To Everyone:

How do you define geographic area? Is it within the counyt?

15:17:36 From Angel Uhercik (she/her) To Everyone:

county*

15:20:01 From Jasmine Simmons To Everyone:

Are we allowed to screen shot .?

15:20:37 From Maria Avdalas, SHRA To Everyone:

Please send the slides. Thank you

15:20:59 From Megan Johnson To Everyone:

These numbers are likely are undercount unfortunately

15:21:10 From Jose LSS (He/Him/His) To Everyone:

Agreed @megan

15:21:37 From Waking the Village To Everyone:

Link to report:

<https://sacramentostepsforward.org/continuum-of-care-point-in-time-pit-count/2022-pit-count/>

15:22:10 From Jose LSS (He/Him/His) To Everyone:

Yay a shine!

15:22:19 From Grace Loescher (She/They) To Everyone:

Echo that @jasmine ❤️ It's a lot to look at all of this data and take in what it actually means for our community.

15:23:22 From Tiffany (she/they) To Everyone:

That Data sharing issue with the education system is SO REAL in most communities

15:23:51 From Angel Uhercik (she/her) To Everyone:

Thank you.

15:25:50 From jem moore To Everyone:

what is the data sharing issue?

15:26:51 From Megan Johnson To Everyone:

@Jem one of the data sharing barriers with education is federal laws regarding student confidentiality.

15:26:55 From Shelly (she/her/hers) To Everyone:

Jem, one short answer to that is that there are legal challenges with sharing data from school districts b/c consent is really tricky with folks under 18 -- minors can't give their own consent to provide data

15:27:30 From jem moore To Everyone:

ok thank you

15:28:29 From Deisy Madrigal, She/Her To Everyone:

we had a large number of youth existing the foster care system after the covid extension was over just before the pit count too. I wonder if that impacted this in anyway.

15:29:02 From Tara Turrentine To Everyone:

The drop in education referenced from John Burton is truly a result of COVID, the numbers are back up for 21-22 school year.

15:30:01 From Megan Johnson To Everyone:

Education doesn't typically collect SOGIE data (sexual orientation and gender identity expression) so that is a potential data point not included in the overall numbers.

15:30:19 From Tim Poole / RFCEC To Everyone:

Peace and Blessings All

15:33:32 From Lindsay Curtis, Highlands Community Charter (she/her) To Everyone:

I don't know much about Sacramento's HMIS (Homeless Management Information System) but is that somewhere to get data?

15:33:41 From Jose LSS (He/Him/His) To Everyone:

I do KJ

15:33:44 From Deisy Madrigal, She/Her To Everyone:

the colleges may also have data

15:34:14 From Deisy Madrigal, She/Her To Everyone:

LSS worked with several colleges in our area

15:34:19 From Shelly (she/her/hers) To Everyone:

Lindsay -- there is not a lot of Prevention inputting into it since it documents more homelessness, but our program (P&I) does and would be good to pull from!

15:34:19 From S. Simone Thomas To Everyone:

@ KJ, I agree, it's a great program!

15:34:55 From Lindsay Curtis, Highlands Community Charter (she/her) To Everyone:

Thanks, Shelly!

15:35:04 From Michele K. Steiner To Everyone:

All 4 campuses in Los Rios have EOPS programs. In addition, we all have basic needs programs to address homelessness.

15:35:50 From Tiffany (she/they) To Everyone:

That's super cool!! I'd love to see that sometime Grace!

15:36:03 From Grace Loescher (She/They) To Everyone:

Will send it over, Tiffany!

15:36:59 From KJ To Everyone:

@Megan, yes it is the los rios city colleges.

15:37:47 From KJ To Everyone:
@Michele thank you for the info I didn't know it was all of Los Rios.

15:41:42 From jem moore To Everyone:
any way we can get a copy of this diagram

15:42:07 From piper To Everyone:
@jem yes! we will send out the slides and send send this as a pdf

15:42:52 From KJ To Everyone:
Would love a copy as well. This is some good information.

15:44:31 From Shelly (she/her/hers) To Everyone:
When we say voucher, we typically mean a Housing Choice Voucher (Section8) from SHRA

15:45:02 From KJ To Everyone:
Ok makes sense

15:46:20 From Shelly (she/her/hers) To Everyone:
No problem!!

15:59:05 From S. Simone Thomas To Everyone:
I'm sorry you are going through this Jasmine

16:09:25 From Megan Johnson To Everyone:
Sorry you got cut off there Jose

16:09:31 From Jose LSS (He/Him/His) To Everyone:
All good

16:09:33 From Jose LSS (He/Him/His) To Everyone:
:)

16:09:53 From Jose LSS (He/Him/His) To Everyone:
The education around financial aid and how it works since folx tend to think that it's free money

16:11:05 From KJ To Everyone:
@Jose I definitely agree. Great point!

16:12:33 From Nora Lally To Everyone:
For anyone in housing group, my email is NoraL@homebase if you have other housing-related ideas/needs you want to send my way, please do.

16:12:52 From Alisha she/they To Everyone:
Reacted to "For anyone in housin..." with ❤️

16:12:58 From Kate Hutchinson To Everyone:
I just laid my hands on a great shared housing powerpoint. Drop your name and email in the chat if you want me to forward it to you.

16:13:15 From Shelly (she/her/hers) To Everyone:
@kate please send to me!

16:13:28 From Michele K. Steiner To Everyone:

@Kate - please send to me! Thanks.

16:13:41 From Jose LSS (He/Him/His) To Everyone:

Please and thank you @Kate

16:13:42 From Waking the Village To Everyone:

@kate Please

16:13:43 From Hailea James (She, Her) To Everyone:

Replying to "I just laid my hands..."

Kate I would Love a copy hjames@lssnorcal.org

16:13:48 From KJ To Everyone:

kyreeyab123@gmail.com

16:13:56 From Jesse SSF, CoC Analyst To Everyone:

jarcher@sacstepsforward.org

16:14:22 From KJ To Everyone:

have to use restroom really quick.

16:14:36 From jem moore To Everyone:

Replying to "I just laid my hands..."

jmmtrain20@yahoo.com

16:14:42 From Danielle Foster To Everyone:

Another option could be master-leasing housing to help youth qualify--youth organizations could identify and work with landlords to help overcome the no credit issue and housing identification challenge

16:17:18 From Alisha she/they To Everyone:

Alisha@wakingthevillage.org

16:19:55 From Raven Lyulph(She/Her) To Everyone:

Alisha and i were talking last time about maybe having a college funding program for dorms/housing provided to homeless youth/parents. They get housing and an opportunity for education. Just wanted to throw that out there.

16:21:18 From Jasmine Simmons To Everyone:

I have to leave everyone I have to feed my son

16:21:31 From Tara Turrentine To Everyone:

As always, fabulous report out Grace!!Thank you!

16:21:32 From Raven Lyulph(She/Her) To Everyone:

Definatly. We can keep in touch!

16:22:38 From Megan Johnson To Everyone:

Also having more intentional conversations with youth and young adults on their education and career goals, education pathway options, and financial resources to help pay for it. Here is a tool for anyone interested, nche.ed.gov/higher-education

16:22:49 From KJ To Everyone:

Thank you Alisha!

16:23:22 From Tara Turrentine To Everyone:

Great point, Jem!

16:23:41 From Alisha she/they To Everyone:

Replying to "I have to leave ever..."

Thanks for being in this space see you at 5 😊

16:25:13 From KJ To Everyone:

I am not familiar with it. I will download now.

16:29:21 From Erica Jaramillo, SacCo BHS To Everyone:

I have to leave and jump on another meeting. Great report outs. Thank you!

16:29:24 From Angel Uhercik (she/her) To Everyone:

Thank you for leading us Shelly, great summary!

16:30:01 From Shelly (she/her/hers) To Everyone:

Replying to "Thank you for leadin..."

thank you!

16:30:25 From Raven Lyulph(She/Her) To Everyone:

On the note of short term transitional housing for youth in apartments, they can be struggling and in a DV situation and still have no where to go because of that. There's just too many people stuck in that situation. My partner at the time and i, last year were in that situation a couple of times and had no idea where to seek help.

16:31:28 From Lindsay Curtis, Highlands Community Charter (she/her) To Everyone:

Thank you for sharing, Raven. There's definitely a gap there

16:31:33 From Lindsay Curtis, Highlands Community Charter (she/her) To Everyone:

Thanks everyone!