

Ending Homelessness. Starting Fresh.

I. Welcome & Introductions: Sara	Welcome & Introductions: Sarah Bontrager, Chair										
II. Review and Approval of May 8	Review and Approval of May 8 and 13, 2019 Minutes: Emily Halcon, Secretary										
III. Chair's Report	Chair's Report										
IV. CEO's Report: Lisa Bates	CEO's Report: Lisa Bates										
V. New Business	New Business										
A. Item: Executive Committee Action on behalf of the CoC Board to approve FY2019 CoC NOFA Competition Policies & Review Tools - Presenter(s): Sarah Bontrager - Presenter(s): Sarah Bontrager - Presenter(s): Sarah Bontrager											
B. Item: 100-Day Challenge on Youth Homelessness Report	- Presenter(s): 100 Day Challenge Team Members	8:20 AM (30 minutes)	Information								
C. Item: CESH Update	- Presenter(s): Lisa Bates, SSF Chief Executive Officer	8:55 AM (5 minutes)	Information								
D. Item: FY2019 CoC NOFA Competition Update - Presenter(s): Michele Watts, SSF Chief Programs Officer 9:00 AM (5 minutes)											
VI. Announcements											
VII. Meeting Adjourned											

Receive & File Items

- Follow Ups Report 5/8/19

Upcoming Committee Meetings: 6/17 – Combined CES Evaluation and CES Committees

6/19 - Governance Committee

6/27 - CoC Board Meeting Series: FY19 NOFA Community and Planning Grant Applications

6/27 - Executive Committee

7/3 - Homeless Youth Task Force

Next Meeting: July 10, 2019

Please note that today's meeting is being recorded and the digital file will be available upon request



Sacramento Continuum of Care Advisory Board

Wednesday, May 8, 2019 | 8:10 AM – 9:45 AM 925 Del Paso Boulevard, Suite 200, Sacramento, CA 95815 – Sequoia Room

MEMBERS PRESENT: Alexis Bernard, Alyson Collier, Amani Sawires Rapaski, Angela Upshaw, April Wick, Christie M. Gonzales, Cindy Cavanaugh, Emily Bender, Emily Halcon, Jameson Parker, John Foley, John Kraintz, Julie Davis-Jaffe, Lt. Julie Pederson, MaryLiz Paulson, Mike Jaske, Peter Beilenson,

GUEST(S): Meghan Marshall, Andrew Geurkink, Pixie Pearl, Cynthia Pimentel, Tanya Tran, Angel Doney, Erica Plumb, Jeff Tardaguila. Julie Field, Monica Rocha-Wyatt

MEMBERS NOT IN ATTENDANCE: Erin Johansen, Sarah Bontrager, Noel Kammermann, Stefan Heisler, Stephanie Cotter

SSF STAFF: Michele Watts, Nick Lee, Tristina Stewart, Kate Casarino

Call to Order: Emily Halcon, Vice Chair at 8:15

- Welcome and Introductions: Sarah Bontrager, Chair
- II Review and Approval of April Meeting Minutes
 - Motion to approve minutes as written: MaryLiz Paulson, 1st. Jameson Parker, 2nd. MSC.
- III Chairs Report Emily Halcon on behalf of Sarah Bontrager
 - Sarah (attending Cap-to-Cap) not present to give report.
- IV CEO's Report Michele Watts on behalf of Lisa Bates
 - Lisa (attending Cap-to-Cap) not present to give report.
- V Item A: Youth Homelessness Demonstration Project Authorize SSF to Submit an Application on Behalf of the CoC
 - Motion to allow SSF to submit Youth Homelessness Demonstration Project application: April Wick, 1st.
 Alyson Collier, 2nd. MSC.

VI Item B: Youth Action Board Recommendation

 Motion to recognize the Youth Action Board as the Youth Advisory Board for the CoC: Amani Sawires Rapski, 1st. April Wick, 2nd. MSC.

VII Item C: CoC Data Quality Plan Implementation

• Motion to approve data plan as presented: Mike Jaske, 1st. Emily Bender, 2nd. MSC.

VIII Item D: HEAP Programs Presentation

Andrew Geurkink and Angela Marin from the City of Sacramento and Cindy Cavanaugh and Megan
Marshall from Sacramento County present information regarding the HEAP Programs: Flexible Housing
Pool, Youth Emergency Shelter, and Host Homes.

IX Item E: Monthly CESH Update

- SSF received 3 responses to the System redesign RFP.
- CESH 2: SSF to work on application, which will need to be approved by the CoC Advisory Board.
- HCD is providing technical assistance and SSF is looking at different ways to utilize this.

X Announcements

• SacACT: Sheriff cleared a large encampment on Stockton boulevard that has been there for 10 years. SacACT wants to find/create a forum to address this and similar issues.

XI Adjourn

• Meeting adjourned 9:44 AM



Sacramento Continuum of Care Advisory Board

Wednesday, May 13, 2019 | 10:00 AM – 12:00 AM 925 Del Paso Boulevard, Suite 200, Sacramento, CA 95815 – Sequoia Room

MEMBERS PRESENT: Alexis Bernard, Angela Upshaw, April Wick, Emily Halcon, Jameson Parker, John Foley, Julie Davis-Jaffe, Mike Jaske, Noel Kammermann, Sarah Bontrager, Stephanie Cotter

GUEST(S): Pixie Pearl, Cynthia Hunt, Lois Llttlewolf, Latika Alqanwani, Benjamin Uhlenhop, David Husid, Kate Hutchinson, Tanya Tran, Wendy Saca-Mertens

MEMBERS NOT IN ATTENDANCE: Alyson Collier, Amani Sawires Rapaski, Christie M. Gonzales, Cindy Cavanaugh, Ct. Dan Monk, Emily Bender, Erin Johansen, John Kraintz, Lt. Julie Pederson, Lashanda McCauley, MaryLiz Paulsen, Peter Beilenson, Stefan Heisler

SSF STAFF: Michele Watts, Nick Lee, Lisa Bates, Kate Casarino

Call to Order: Sarah Bontrager, Chair, 10:15 AM. Quorum not met.

- I Welcome and Introductions: Sarah Bontrager, Chair
- II Item A: Presentation of Competition Policies, Renewal Projects Scoring Tool & New Projects Scoring Tool
 - HomeBase staff Bridget Kurt Dejong and Meadow Robinson present Items
- III Item B: Public Comment on Competition Policies, Renewal Projects Scoring Tool & New Projects Scoring Tool
 - Conflicted members of the CoC Advisory Board move to public seating where they were able to provide comment.
 - The public noted that they appreciated the transparency that was provided this year in the sharing of the draft tools and the ability to provide feedback prior to bringing the tools and policies to the Advisory Board for approval.

IV Item C: Member Discussion & Action:

 Since a quorum was not met, the approval of the Renewal Project Scoring Tool, New Project Scoring Tool, and Local Competition Policies will be brought to the Executive Committee. All present members expressed that they would approve the tools and policies as presented.

V Adjourn

Meeting adjourned 11:30 AM

100 Day Challenge Overview and Our Goal

The 100 Day Challenge is a national effort that calls upon communities to use intensive cooperation and tight deadlines to force innovation and move the needle on youth homelessness. encouraging and amplifying fast moving, creative solutions that reform systems and build collaborative relationships. We embarked on this journey on November 16, 2018 with a team made up of direct service providers, system leaders, education leaders, and other TAY providers that make up the fabric of youth services in our Sacramento community. From the beginning, Sacramento was instructed not to get stifled by definitions and rules, but rather to dive in headfirst and try. We were told to create our own expectations and definitions. From this guidance, we decided to define stable housing as allowing for a commitment/connection for longer than 90 days, eliminating emergency shelters from our count, but allowing for Transitional Living Programs and Rapid Rehousing Programs. We also allowed for housing instability or impending homelessness to count as youth we provided supports to in order to stabilize housing, thus counting prevention, intervention, and diversion services. Our goal was to house 200 youth ages 16-24 in safe and stable housing with connections to supports, with 20% being pregnant/parenting and 65% experiencing mental health symptoms that create challenges to becoming stably housed. We felt that this was an impossible goal, and were surprised how quickly it became achievable through intensive collaboration, communication, and coordination. By March 6, 2019, the last day of the challenge, we had housed 266 youth with connections to supports, 41% of whom were pregnant or parenting and 56% of whom identified as experiencing mental health symptoms.

Data Breakdown

Of the 266 youth that were housed during the 100 days, 84 youth were housed through Rapid Rehousing or similar subsidized housing, 73 were housed in Transitional Housing, 54 were reunified with family or moved in with friends, 26 were supported in maintaining/obtaining a rental with no ongoing subsidy, 17 entered into Permanent Supportive Housing, and 12 were diverted from homelessness through one time emergency financial assistance or other supportive

services to maintain housing. From this, we learned that 36% of the youth that we served were supported in obtaining or stabilizing housing through reunification, securing their own market rate unit, or other diversion services that required short term or one-time support rather than on-going intensive case management or needing to enter into a housing program. This allowed for us to fill program openings with youth that more specifically needed the supportive services offered by those housing programs, and house more youth overall by utilizing a variety of housing strategies. By stabilizing youth early-on who are experiencing homelessness, we can often prevent long-term need and expense.

Major Accomplishments of the 100 Day Team

We had many accomplishments throughout the intensive 100 Days and quickly noticed the effects of having so many key players and systems all present in one space laboring towards a common goal. Here are just some of the various things we achieved:

- The Department of Human Assistance became a key player in housing youth headed families, and families with youth as part of the household, through their HSP program.
 They also made commitments and efforts towards inputting data into HMIS in a timely manner, which in turn supported us in having better knowledge of how many youth are being served by that program.
- 2. We were able to house youth families in the Permanent Supportive Housing Restart program, which has historically only been accessible to chronically homeless adults. By having direct service providers, Sacramento Steps Forward, and Behavior Health all problem-solving at the same table, we were able to explore barriers youth experienced in accessing Restart (and PSH in general) and learn how to better navigate that system for youth.
- 3. Bi-monthly case conferencing for TAY at Sacramento Steps Forward began and became a crucial place to move youth quickly through the system and re-engage youth who were close to falling through the cracks. By creating that common space, we have been able to fill openings much more swiftly, which reduces trauma and occurrences of youth disengaging while waiting for a housing opportunity to come through.

- 4. The team began our challenge by calling over 700 youth on our By Name List in order to assess their current situation. Because of this effort, we created a CoC Contact within HMIS in order to provide a quick tool to keep youth on the radar, keep their housing status up to date, and keep their name active on our By Name List. Sacramento Steps Forward is continuing to establish best practices for this tool, which has become a common way to log services for youth who are not enrolled in any specific program.
- 5. Authentic Youth Collaboration was a priority for the team and we made intentional effort to improve on this as a community. We supported youth in attending our launch in Miami, where one youth representative was voted as one of our team leads. The team worked to use national best practice models of collaboration--a mentor was assigned as a direct point of contact for questions and support who met with the youth weekly to answer questions and work on tasks together. The team advocated for compensation and transportation support, paying her a consistent wage for her time and expertise. Our youth leader has repeatedly emphasized that without these intentional supports (particularly a mentor, transportation support, and a stipend), her participation on the 100 Day Team wouldn't have been possible or sustainable. The team also sought the collaboration of the Youth Action Board for expert input on projects, and youth were compensated for their time and knowledge.
- 6. The team developed a youth informed Mental Health screening tool in order to support providers in having conversations about mental health experiences with the youth they serve, and foster better wellness connections and referrals to appropriate mental health services. The Youth Advisory Board participated in a focus group around the creation of the tool and provided feedback on best practice and use, which completely shifted the perspective of the tool into a strength based approach.
- 7. The Youth Counts event facilitated connection with youth for the Point-in-Time Count.

 The event connected youth with a range of providers, including 4 schools, a health clinic,

 HIV and STD testing, legal counsel, veterinary clinic, reproductive health care, and
 housing and wellness providers. The event also engaged youth in a supplemental survey

- to collect data on youth experiencing alternative forms of homelessness such as couch bouncing.
- 8. The team engaged in Community Education around youth homelessness, using a range of platforms to raise awareness. Efforts included Facebook, Instagram, and e-newsletters, profiles on local news stations (including a long piece on youth homelessness), interviews on the local NPR stations Insight show, and a feature in the Sacramento News and Review. National partners were so impressed with our communication and community education efforts that we were asked to consult with strategists.
- 9. The 100 Day Challenge paved the path for a strong Youth Homelessness Demonstration Project proposal. The outcomes defined and partnerships forged ensured a vibrant proposal, while the strong impression made by the Sacramento team strengthened the argument that Sacramento was able to execute on big visions.

Major Takeaways from the 100 Day Challenge

As we were deciding on our goal number we labored over the thought that housing 200 youth was highly ambitious, but by the end of the challenge we learned that as a community we are already well equipped to do that. We were able to accelerate housing efforts and coordinate supports during this challenge in a way that hadn't previously been done. This expanded the number, but we quickly realized the root issue we needed to address was siloed data and programs. If we are able to use the tools that our system has in place such as HMIS, Behavioral Health Services, Department of Human Services, and Coordinated Entry, we are able to better serve our youth efficiently and effectively. Connecting and collaborating from a common effort of wanting to make it work rather than identifying why it won't allowed for us to support youth in accessing programs like PSH and HSP, at an increased rate than before.

We got a power-boost from the ramping up of the Hope Cooperative/Wind TLP/RRH program Possibilities (which provided 30 new beds, 15 of which were made available during the challenge), but we were also impacted by the sunsetting of Waking the Village/Wind's RRH program and Lutheran Social Services' THP-Y, which is a loss of 42 beds. As a community, we lost more youth beds than we gained in 2018. This challenge amplified the need for our

community to invest in and support youth specific programs, allowing for them to mature and grow, rather than moving through a cycle of new programs being defunding that are still in their first years. We also noticed the importance of ensuring programs already in use, such as HSP, provide the necessary scaffolding and support that youth need through case management and access to services.

Sacramento gained national recognition from the Rapid Results Institute, HUD, and other communities that participated across the country for our efforts in the 100 Day Challenge, which gave us a launching point into writing the Youth Homeless Demonstration Project Grant. If awarded to Sacrament, the YHDP Grant would permanently raise our HUD funding from \$21 million to \$23 million, and allow for us to continue the work towards increased system collaboration and connection in order to better serve our youth and reach functional zero for TAY in Sacramento.

Plans Moving Forward: Rapid Collaboration for Youth

Members of the 100 Day Challenge Team decided to continue carrying our momentum and efforts by re-identifying ourselves as the Rapid Collaborative for Youth and operating as a working group of the Homeless Youth Task Force. We will be working towards implementation of our mental health screening tool by seeking more feedback from youth and providers in different agencies. Then a "fishbowl" focus group will allow for youth to share their expertise and experience of mental health, which is often labelled by system providers and leaders as attitude or laziness rather than a trauma response, and the tool will be offered as a youth informed and trauma informed approach to engaging in youth mental health. Authentic youth collaboration was an intentional focal point of the team, which was co-lead by a youth, and the team intends to continue that work by engaging in the True Colors Foundation Authentic Youth Collaboration Challenge. We will also continue to advocate for authentic youth collaboration via homeless youth representation on the various committees and policy decision making boards within our community, scaffolded with supports as indicated by national best practice.

The cohort also developed a plan to pilot a system of tracking recidivism within the TAY population. We created a questionnaire to identify the reasons that youth re-entered into

Sacramento 100 Day Challenge to Tackle Youth Homelessness

homelessness in order to critique our existing services as well as make better connections for that youth in the future. Prevention and Intervention Coordinators will implement this survey in the future, which we intend to be supplemented within HMIS. For the time being, agencies have committed to contacting the youth they supported in housing during the 100 Day Challenge 6 months after they were housed in order to identify their housing situation, and if necessary go through the recidivism questionnaire with the youth. By tracking recidivism of the youth we've housed within these 100 days, we will gain a better idea of what functional zero looks like for our community, as well as how close to it we already are. It will also inform methods of tracking recidivism at a community and CoC level in the future. As a major driving force for the completion of the YHDP grant, the Rapid Collaborative for Youth plans to continue as a key player in system collaboration and implementation if our community is selected. We will also continue supporting and driving various projects that promote, elevate, and care for the youth in our Sacramento community.



SACRAMENTO CONTINUIM OF CARE BOARD MEETING Follow Up Log

Issue Title	Issue Description	Date Identified	Status	Assigned To / Owner	Date Assigned	Follow up Due Date	Date Completed	Resolution/Follow up	Comments
Follow-Ups from May 8, 2019 Meeting									

No asks or follow-ups from this meeting

				Follo	w-Ups from F	rior Meetings		
Special Meeting- Data	Provide more data on the missing cohort from the data shared at the special priorities-setting meeting	3/13/19	Assigned	Michele	3/13/19	6/12/19	System-level data	Implementation plan and timeline is being developed and staff will share this information at the June meeting
Community Solutions Work	Advise the CoC of SSF's work with Community Solutions, current and past	3/13/19	Assigned	Lisa	3/13/19	TBD	Staff will prepare a written and verbal presentation materials on the Community Solutions work undertaken today (veterans, coordinated entry, by name list)	Need to prioritize and schedule
Data Team Work Plan	Advisory Board requests additional data presentations- staff will provide a Data Team work plan and schedule of presentations	2/14/18	Assigned	Michele	2/14/18	5 /8/2019 -6/12/19	Staff will present a Data Team work plan and timeline that includes regular presentations to the Advisory Board	Original follow-up request was more narrow, but members and staff have formulated a broader request over time
HEAP/CESH Responsibilities	Advisory Board needs to know what HEAP and CESH decisions require their input and/or approval	6/13/18	Assigned	Ben	6/13/18	4/10/19	SSF will work with the City and County to develop an outline of HEAP and CESH decisions that require their input and/or approval	A plan for this request is underway but will be completed incrementally
100-Day Challenge	Advisory Board requets a written report on 100-Day Challenge results, including homeless status and housing location	2/13/19	Assigned	Michele	2/13/19	4/10/2019 - 6/12/19	Initial Follow Up Due Date of 4/10/19 cannot be met; 100-Day Team and staff will coordinate to prepare a written report for May or June Advisory Board	100-Day Team members have been focusing on completing the Youth Homelessness Demonstration Project Application due 5/15/19

meeting

Status Definitions:

Assigned - Assigned to staff or committee

In Process - Staff or committee is implementing a response to request

Ongoing - Request response is a reoccurring activity

Complete - Request response is complete

Issue Title	Issue Description	Date Identified	Status	Assigned To / Owner	Date Assigned	Follow up Due Date	Date Completed	Resolution/Follow up	Comments
Governance Charter	Review the Governance Charter and the regulations regarding its required components	5/9/18	Assigned	Governance Committee	6/13/18	TBD			Committee recommendations anticipated in Summer 2019
Committee Formation	Develop a process for convening new standing and ad hoc committees	5/9/18	Assigned	Governance Committee	6/13/18	TBD		Governance Committee will develop a process for convening new committees	Governance Committee is working on committees more broadly and recommendations are anticipated in Summer 2019
Committee Reports	Members suggest Committee Reports be a standing monthly agenda item	5/9/18	Assigned	Governance Committee	6/13/18	TBD		Governanve Committee will recommend strategy for ensuring Advisory Board members are kept abreast of the committees' activities	Governance Committee is working on committees more broadly
Committee Responsibilities	Need to balance conducting Advisory Board business in a timely manner and taking the time needed to fully discuss and understand decisions being made	6/13/18	Assigned	Executive Committee & Governance Committee	6/13/18	TBD		Multiple strategies: address important decisions in two meetings; provide materials and take questions in advance to help staff and presenters prepare; Executive Committee reviews agendas in advance to ensure sufficient time; Governance Committee will recommend a committee structure that supports effcient use of Advisory Board time	
System-Level Planning and Performance	Advisory Board needs a committee or another avenue for system-level planning and performance review	4/11/18	Assigned	Governance Committee	6/13/18	TBD		Governance Committee will incorporate resolution of this item within its broader discussion of and recommendations regarding committees	Committee recommendations anticipated in Summer 2019
	FY2019 Planning Grant and CoC Application: Provide year-round opportunity for input & review	8/8/18	In Process	Michele	8/8/18	4/1/19- 9/1/19		Meetings will be held the 4th Thursday of the month, 1 PM - 2:30 PM; Meeting #1 was held 4/25/19 and focused on Planning Projects funded to date; Meeting #2 will be held 5/23/19	Staff will host monthly Planning Project and CoC Applications input sessions between April and August 2019 ro prepare content for the FY2019 NOFA competition

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Issue Title	Issue Description	Date Identified	Status	Assigned To / Owner	Date Assigned	Follow up Due Date	Date Completed	Resolution/Follow up	Comments
Meeting Materials Timeliness	Members need to receive meeting materials sooner to allow for sufficient time for review and preparation for the meetings	5/9/18	In Process	Michele	5/9/18	Monthly	Monthly	Meeting materials will be provided the Thursday before the Wednesday meeting	2019 meeting materials distribution dates: Jan - Friday 1/4 Feb - Friday 2/8 Mar - Monday 3/11 Apr - Friday 4/5 May - Thursday 5/2 June - Thursday 6/6
Produce accessible documents	The font used for meeting materials should be larger. The font used in the CESH application provided in the packet was extremely small.	4/10/19	Ongoing	Kate	4/10/19	Monthly	Ongoing	All meeting materials will be produced with a minimum font of 12 pt.	
HEAP/CESH Updates	Advisory Board requests monthly written reports on HEAP/CESH planning and implementation	2/13/19	On Going	Ben	2/13/19	3/13/19	Monthly		Staff will provide written report(s) for CESH at every monthly meeting, HEAP program updates will be provided periodically
Invite members to FY2019 NOFA Input	Send meeting invitations to members for the monthly input sessions on the CoC	4/10/19	Complete	Kate	4/10/19	N/A	4/11/19	Staff will send meeting invitations to members	
New Member Orientation	Conduct an orientation for new members and other members who have joined since the last orientation on March 7, 2018	3/13/19	Complete	Kate	3/13/19	4/8/19		New member orientation scheduled for Monday, April 8, 2019, with staff and Executive Committee members	
Special Priorities- Setting Meeting- Materials	Send out materials from 3/12/19 special priorities-setting meeting	3/13/19	Complete	Kate	3/13/19	4/10/19	4/3/19	Packet to include agenda, handouts, and meeting summary to be distributed to members and posted on the SSF website	
Committee Meetings Schedule	Advise members of when committee meetings are upcoming	2/14/18	Complete	Kate	2/14/18	Monthly	Monthly	Upcoming meetings are printed at the end of each Advisory Board meeting agenda	Several strategies have been implemented over time, the current strategy began with the March 2019 meeting and will continue monthly
FY2018 HUD CoC NOFA Competition Awards	HUD has announced the FY2018 CoC NOFA competition awards	2/13/19	Complete	Michele	2/13/19	4/10/19	4/10/19	FY2018 HUD CoC NOFA competition awards staff report will be provided to the Advisory Board	Written report provided in the April meeting packet

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