Every two years Sacramento County, its cities and the Sacramento Homeless Continuum of Care undertake an extensive effort to document every individual in the region experiencing homelessness during a twenty-four-hour period. This effort, known as the "Point-in-Time Homeless Count", provides a single-night snapshot of nearly all individuals and families staying at emergency/transitional shelters in the county, as well as unsheltered individuals, such as those sleeping outside, in tents or vehicles, under bridges, or other places not meant for human habitation.

5,570 Individuals Experiencing Homelessness

- 70% Unsheltered
- 30% Sheltered

Homelessness has increased by an estimated 19% in Sacramento County since 2017.

The percent of people experiencing chronic homelessness has decreased, especially among the unsheltered population (-7%).

93% of unsheltered respondents were originally from Sacramento or long-term residents.

County Per Capita Homelessness (Per 10k Residents)

- San Francisco: 91
- Los Angeles: 58
- Sacramento: 36
- San Diego: 24
2019 Sacramento County
Point-in-Time Homeless Count

State & Local Context

- Last year, Sacramento had the highest rent increases in the state.
- Rising homelessness reflects the continued challenges with housing affordability.
- 54 communities have declared a homeless shelter crisis.
- 3,600 individuals experiencing homelessness were housed in 2018.

Results from the Point-in-Time Count suggest that **10,000 to 11,000** people will experience homelessness this year.

- Addressing the lack of affordable housing was the number one issue mentioned by the unsheltered population.
- Half of unsheltered seniors became homeless later in life.
- 20% of the homeless population were families with children.
- Of those unsheltered families, 33% were living in vehicles.